



Getting fit
has never
been easier!

In keeping with our goal to promote healthy lifestyles, we have arranged for you and your family to take advantage of the GlobalFit Fitness Program. This benefit provides substantially discounted, month-to-month memberships to top area fitness centers.

GlobalFit Advantages:

- Save up to 60% on fitness club membership fees
- Choose from 1,100+ local and national fitness clubs
- Enjoy month-to-month membership with no long-term contracts
- Access any network club nationwide while traveling
- Custom diet and nutritional counseling

Joining is as easy as...

1. Log on to www.globalfit.com or call **1-800-294-1500** to speak with one of GlobalFit's friendly representatives.
2. Choose the health club that's best for you. GlobalFit can help you with information about club locations, amenities and hours.
3. Arrange your convenient monthly billing plan through your checking, savings, MasterCard, Visa, American Express or Discover account.

A one-time affiliation fee is broken into two easy payments and is added to your first two months' billing.

For a complete Fitness Club Directory, log on to
www.globalfit.com
or call the Health Club Help Line at
1-800-294-1500



eDiets*